Obstacles List – December 2012

Academic
• Ineffective study skills
• Uncomfortable/oppressive classroom climate
• Lack of motivation
• Unprepared for exams
• Did not attend/skipped class
• Registered for too many classes
• Hard to concentrate/daydreaming
• Difficult classes/not prepared for course level
• What worked in high school doesn't work anymore
• Undeveloped time management skills
• Unable to understand course content
• Conflict with professor

Major/Career
• Not sure why I'm in school
• Iowa State may not be the place for me
• No clear career goals
• Changed major one or more times
• Uncertain about major

Personal/Other
• Excessive time spent online (FaceBook, YouTube, etc.)
• Excessive time spent gaming (including online)
• Over-involved with extra-curricular activities
• Pressure, stress, anxiety or tension
• Difficulty sleeping at night
• Possible learning disability
• Use or abuse of alcohol or other substance(s)
• Hard to get out of bed in the morning
• Health problems
• Financial difficulties (see Financial/Employment category below)

Family/Social Adjustment
• Interpersonal violence
• Personal relationship issues
• Hard to make friends/Loneliness
• Difficulty adjusting to college life
• Moved away from home/homesick
• Personal/family situation
• Roommate conflicts
Financial/Employment

- Working too much
- Not enough financial aid to cover expenses
- Difficulty paying bills (tuition/fees and/or monthly expenses)
- Change in Financial Status due to personal reason (new dependent, divorce, loss of own job/income)
- Change in Financial Status due to parental loss of income/loss of employment
- Cannot find a part-time job to help pay bills

Duration of Financial Aid Eligibility

- I am working on multiple degrees.
- I am a part-time student.
- I am a student who transferred in multiple credits from another institution(s).
- I have changed my major multiple times